USBA Distance and Format for Competitors under the age of 15 (used by USBA until late 2023; has been superseded) CBC (Snow Mountain Ranch) practices/exceptions noted in orange. Updated 2024/01/01.

Age category	Format	Race Distance	Shooting	Penalty
U11 Birth years (for 2023-2024 season): 2013 and later	Air Rifle er .22 All shooting from prone position on standing targets with support. Without cuff.	Sprint 2.0 K Pursuit 2.5 K 3.0 K Mass Start 2.5 K 3.0 K Individual 2.5 K 3.0 K	P PP PP PP <i>Rifles staged on mat at shooting point.</i>	50 Meters 50 Meters 50 Meters 15 Seconds
U13 Birth years (for 2023-2024 season): 2011, 2012	.22 with support (personal .22) or air rifle with optional support All shooting from prone position on standing targets. Without cuff.	Sprint 3.0 K Pursuit 4.0 K Mass Start 4.0 K Individual 4.0 K	PP PPP PPP PPP <i>Rifles staged on mat at shooting point.</i>	50 Meters 50 Meters 50 Meters 20 Seconds
U15 Birth years (for 2023-2024 season): 2009, 2010	.22 (no support) With Cuff.	Sprint 4.5 K Pursuit 5.0 K Mass Start 5.0 K Individual 5.0 K Relay 3x1.0 K (total 9 K) 3 Person	PP PPPP PPPP PP Rifles staged on mat at shooting point.	75 Meters 75 Meters 75 Meters 30 Seconds 75 Meters

Only 150m penalty loop available

CBC/SMR notes:

- · Competitors under the age of 11 use air rifles regardless of race category
- Competitors using CBC club rifles will always shoot on large (standing) targets for all bouts.
- Competitors using air rifles are by default shooting on large targets for all bouts since we currently don't add inserts to the pellet rifle targets to achieve the equivalent to a prone-sized 50m target.
- Parents/scorers/athletes should note deviations from the relevant category description on the score stickers (or on the large score grid holding the stickers) so we can include the information in our results notes for future reference.

Age/Category	Birth years (for 2023/2024 season)	Format	Race distances
Youth Women	2005, 2006, 2007, 2008	As per IBU Rules	6km sprint, 7.5km pursuit, 7.5km mass start, 10km individual
Youth Men	2005, 2006, 2007, 2008	As per IBU Rules	7.5km sprint, 10km pursuit, 10km mass start, 12.5km individual
Junior Women	2002, 2003, 2004	As per IBU Rules	7.5km sprint, 10km pursuit, 10km mass start, 12.5km individual
Junior Men	2002, 2003, 2004	As per IBU Rules	10km sprint, 12.5km pursuit, 12.5km mass start, 15km individual
Women	2001 and older	As per IBU Rules	7.5km sprint, 10km pursuit, 12.5km mass start, 15km individual
Men	2001 and older	As per IBU Rules	10km sprint, 12.5km pursuit, 15km mass start, 20km individual
Masters Women 30 - 39	1985 - 1994		Same as Youth Women
Masters Men 30 - 39	1985 - 1994		Same as Women
Masters Women 40 - 49	1975 - 1984		Same as Youth Women
Masters Men 40 - 49	1975 - 1984		Same as Women
Masters Women 50 - 59	1965 - 1974		Same as Youth Women
Masters Men 50 - 59	1965 - 1974		Same as Women
Masters Women 60 - 69	1955 - 1964		Same as Youth Women
Masters Men 60 - 69	1955 - 1964		Same as Women
Masters Women 70+	1954 and earlier		Same as Youth Women
Masters Men 70+	1954 and earlier		Same as Youth Women
Novice (not a CBC State Championships Award category)	2008 and earlier		3km sprint, 5km pursuit, 5km mass start, 5km individual